



Angel's Touch Assisted Living * 1350 Angel's Path, 394/400 Angel's Touch Court
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Celebrating April

April Fools' Day
April 1

Gambler Hockey Game
April 3, 3:20

Entertainer Tom
2:00, 394 Building
April 12

Entertainer Rodger W
1:00, 400 Building
April 13

Income Tax Deadline
April 15

Entertainer Rodger H
2:00, 1350 Building
April 20

Earth Day
April 22

Arbor Day
April 29

Onward and Upward

The earliest cave dwellers likely spent many nights looking up at the sky and pondering the stars, the planets, and questioning how humans fit in the universe. Those feelings of wonder and awe have not changed much. April is Global Astronomy Month, and opportunities abound to look heavenward and appreciate the vast beauty of the night sky.

The organization Astronomers Without Borders encourages stargazers across the globe to join their "Global Star Party" on April 16. Watch the sunset and BYOT (Bring Your Own Telescope), but viewing devices aren't necessary for spying stars, the moon, the Milky Way, or even planets like Mercury, which will be especially visible in mid-April. The group's philosophy is "One People, One Sky," and they believe that the action of stargazing reminds us that we are all together on planet Earth, adrift in the universe.

The best viewing spots are the dark places, far from city lights. April 4–10 celebrates International Dark Sky Week and raises awareness of light pollution. We've heard of air pollution, but are skies really polluted by artificial light? The International Dark Sky Association values stargazing so much that they fight to reduce artificial light so that all may enjoy star-filled skies. Some towns have even been certified "Dark Sky Communities," making them some of the best locales for stargazing in the world. These communities include Beverly Shores, Indiana; Flagstaff, Arizona; and Bon Accord, Alberta, Canada.

If nighttime stargazing isn't your passion, April offers other chances for simply looking skyward. April 14 is Look Up at the Sky Day, and the week of April 24–30 is Sky Awareness Week. Clouds, the sun, a bird, a plane—heck, you might even spy Superman. The heavens have always been a magical place, and you never know what might appear out of thin air unless you look.

As Good as Gold

April 1–7 may be Golden Rule Week, but do unto others as you would have them do unto you forevermore. While many know the Golden Rule to come from Jesus' Sermon on the Mount, it may be a surprise to hear that a version of the Golden Rule appears in almost every major religion.



The Bible tells the story of how Jesus, in order to better address the great crowds following him, ascended a mountainside. His moving proclamations became known as the Sermon on the Mount. As told by his apostle Matthew, Jesus said, "So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets."

Jesus, in this teaching, was actually summarizing the Jewish Torah. Elsewhere in the Talmud, Rabbi Hillel taught, "What is hateful to yourself, do not do to another." This is a sentiment that echoes other religious teachings. The Chinese philosopher Confucius said, "Do not do to others what you would not like yourself." The Buddha preached, "Hurt not others in ways that you yourself would find hurtful." It is written in the Hindu text *Mahabharata*, "Do naught unto others what you would not have them do unto you." The Quran advises Muslims, "None of you has faith until he loves for his brother what he loves for himself."

Though many now call these teachings the "Golden Rule," it was never called that in the Bible or elsewhere. The term originated in the 17th century in reference to the courts of old England, where "golden law" implied that judges could be bought with gold. From this cynical view of law sprouted a more optimistic and common sense "golden rule," which implied the sharing of good deeds between citizens in order to sidestep corrupt courts. The "Golden Rule" is found in so many different cultures that some believe it to be the fundamental quality of human nature.

April Birthdays

In astrology, those born between April 1–19 are Rams of Aries. As the first sign of the zodiac, Arians charge out of the gate with energy, confidence, power, and zeal. As pioneers, Arians are unafraid of the unknown. As eternal optimists, no odds are ever considered insurmountable. Those born between April 20–30 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard, are not shy about rewarding themselves for a job well done.

Buddy Ebsen (actor) – April 2, 1908
Eddie Murphy (comedian) – April 3, 1961
Gregory Peck (actor) – April 5, 1916
Loretta Lynn (singer) – April 14, 1932
Shirley Temple (actress) – April 23, 1928
Carol Burnett (comedian) – April 26, 1933
Willie Nelson (musician) – April 30, 1933

Resident Birthdays

Cora H. – April 1
Eileen H – April 25

From the Activity Directors Desk

Just a quick reminder about the shadow boxes. Please let activity staff know if you would like us to assemble any items you can provide us with to put in the shadow boxes. If you have taken it home to assemble please let us know when you return it so we can hang it right away. Some suggestions may be some old photos, religious items such as a rosary or cross, items from hobbies like knitting needles or fishing lures, items from the job like pictures of awards, or them performing their job, or a small American flag for all veterans. If you have any questions please feel free to address them with any of the activity staff.

Last chance to sign up for the Gambles Hockey Game April 3. Contact Lena for your reservation! arlenulequin@yahoo.com or 920-680-2420

Save the date May 7 for Mom's Apple Pie and ice cream social in celebration of Mothers Day.