



Angel's Touch Assisted Living * 1350 Angel's Path, 394/400 Angel's Touch Court
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Celebrating August

Fair Days Month

Family Fun Month

Entertainer Tom
2:00, 394 Building
August 3

International Friendship Day
August 7

Entertainer Rodgers Polkas
2:00, 400 Building
August 10

Brown County Fair Trip
10:00 – 2:00, Fair Grounds
August 18

Entertainers – Seniors with Music
1:00, 1350 Building
August 24

South America's First Olympics

The Olympic torch arrives in Rio de Janeiro on August 5 to begin the summer Olympic games. For 17 days, over 10,000 athletes from over 200 countries will compete for Olympic gold, including in two sports that have not been part of Olympic competition for a century: golf and rugby. Even more momentous, this is the first time the Olympic games have ever been held in South America. In many ways, tensions are running high for the games to be a success.

Rio won the bid to host the 2016 Olympics back in 2009, when it appeared that Brazil was a stable and energetic country. Since 2009, Brazil has suffered some setbacks. Its economy began to stall in 2011, eventually leading to the impeachment of Brazil's president, Dilma Rousseff, in April 2015. To complicate matters, mosquito-borne diseases are on the rise in Brazil. Dengue fever and the newly discovered Zika virus are spreading toward Rio, which may likely deter people from buying tickets to the games. And while Rio is famous for its beaches, its two main bodies of water, in which athletes will compete in events like the triathlon, rowing, and sailing, are terribly polluted.

Despite this gloomy outlook, the Olympic spirit is shining bright in Rio. American swimmer Michael Phelps has come out of retirement in an effort to add more gold to his 22 Olympic medals. South African swimmer Chad le Clos will do his best to challenge Phelps. Newcomer Simone Biles is already being called America's greatest gymnast ever, but Russian powerhouse Aliya Mustafina could defeat her if she has fully recovered from a 2011 injury. Can Jamaica's Usain Bolt, the "World's Fastest Man," win gold in the 100-meter dash? Host Brazil is favored to win gold in beach volleyball, but can they take gold in their national sport of soccer? Will Northern Irishman Rory McIlroy win gold in golf's modern Olympic debut? These questions can be answered only after the Olympic torch is lit in Rio.

Strange Music

New York City composer Patrick Grant founded International Strange Music Day, August 24. As a composer of music that combines very different styles and rhythms, he founded the holiday as a way to urge people to listen to music they have never heard before. Grant believes that diverse musical interests can lessen prejudice and instill harmony and understanding. Not merely an individual artistic expression, music is believed to have the power to bring communities together. Dr. Thomas Currie of the University of Exeter says that music is a kind of “social glue.”



Dr. Currie’s explanation clearly resonates with the throat singers of Central Asia. The Tuva people are trained from childhood to use the folds of the throat as a sort of echo chamber. This cultural singing is an important part of Tuvan identity. As hunters and herders who live on the vast plains, the Tuva people incorporate sounds from the natural world around them into their songs: animals, howling wind, and gurgling streams.

Another collaborative type of music is Gamelan from Indonesia. Gamelan is actually a percussion ensemble, where various members strike different instruments of a large musical apparatus, including gongs, drums, xylophone, and metallophone. Other members play the bamboo flute, bow or pluck strings, or even sing. The bright and metallic sound is uniquely rich and complex. Gamelan is traditionally considered sacred, with each instrument guided by spirits.

But what of strange music that comes from no instrument at all? In 2008, people in Australia, New Zealand, Europe, Canada, the U.S., and the U.K. claimed to hear strange trumpeting sounds coming from the air above. Some found the noise annoying. Others found it scary. No one knows where it came from, although scientists speculate that these sounds are entirely natural in origin, such as from small earthquakes or faraway waves striking cliffs. It seems Earth itself celebrates International Strange Music Day.

August Birthdays

In astrology, those born between August 1 and 22 are Leo’s Lions. Mixing strength, ambition, creativity, and a flair for the dramatic, it is no wonder that the king of the jungle is a Leo’s mascot. Whether it’s in Hollywood or in the home, Leos accomplish their goals. Those born between August 23 and 31 are Virgos. Virginal Virgos are considered shy, pure of spirit, and self-sufficient. They take incredible pride in their work, show diligent habits, and are well respected in their circles.

Tony Bennett (singer) – August 3, 1926
Lucille Ball (comedienne) – August 6, 1911
Dustin Hoffman (actor) – August 8, 1937
Danielle Steele (novelist) – August 14, 1947
Gene Kelly (actor) – August 23, 1912
Mother Teresa (saint) – August 26, 1910
Ingrid Bergman (actress) – August 29, 1915
Buddy Hackett (comedian) – August 31, 1924

Residents

Lois B. – August 9
Frank R. – August 13
Vicky K. – August 14
Dorothy R. – August 14
Mary D. August 15
Roy K. – August 22

From the Activity Directors Desk

Wow can you believe we are into the county fair season already! We plan on attending again this year on August 18. The bus will be at the facility for pick up at 10:00 AM and we will be returning around 2:00 PM. We plan to take 20+ residents and need at least the same amount of volunteers and or family members to help staff escort them around the fair grounds. We need all family members and volunteers to provide their own transportation to the fair grounds and we will provide you with free admission. While we are there we will enjoy a picnic lunch for all who attend. If you are interested in joining us please contact Lena at arlena_leurquin@yahoo.com or text/call 920-680-2420 before August 8 so we have time to recruit volunteers to help those without family attending. The wheelchair spots on the bus fill up fast so if you want to join your loved one please respond as soon as possible. Hope to see you there!