



Angel's Touch Assisted Living * 1350 Angel's Path, 394/400 Angel's Touch Court
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Celebrating May

Entertainer Eddie's Guitar
1:00, 394 Building
May 4

Mom's Apple Pie Social
May 7

Mothers Day
May 8

Entertainer Jacks Oldies
1:00, 400 Building
May 10

Entertainer Chaplin Ron
1:00, 1350 Building
May 18

Armed Forces Day
May 21

Memorial Day
May 30

Cultivating Wildlife

It does not matter whether you have an apartment balcony, a backyard, a 10-acre farm, or a business park, anyone can transform their green space into a sanctuary for wildlife. May is perfectly situated as Garden for Wildlife Month. Flowers and trees have burst into bloom. Many animals have begun to raise their young. A wildlife-friendly garden can be the perfect nursery for animals living in residential or commercial areas.

According to the National Wildlife Federation, a wildlife garden contains five essential components. A food source is paramount. Provide food by planting native plants that produce seeds, berries, fruit, or nectar. These plants will attract birds, butterflies, rabbits, and other wildlife to your yard. Water is also important. A birdbath provides a large "puddle" where birds can drink, bathe, and cool themselves. If you are lucky, perhaps a pond or stream runs through your property. If not, you could provide running water by way of a fountain. In addition to ample food and water, wildlife needs cover to hide, rest, or withstand the elements. Thickets, logs, or brush and rock piles offer plenty of hidden nooks and crannies. Animals also need places to raise their young. Dense shrubs, trees, ponds, birdhouses, roosting boxes, and bat boxes can provide both nurseries and year-round homes for wildlife.

Perhaps the most important element of a wildlife garden is native vegetation. Plant only flowers, shrubs, and trees typically found in your region, for these are the exact types of plants that many birds, insects, and animals use for food and shelter. Also, a native wildlife garden will sustain itself. There will be no need for chemical fertilizers or pesticides. Proud wildlife gardeners do not have to be shy about their accomplishments—contact the National Wildlife Federation (www.nwf.org) to request a special sign that identifies your garden as a Certified Wildlife Habitat.

Mariachi Season

Ay, ay, ay, ay! May is the season for mariachi! The celebration begins a bit prematurely with Texas State University's Feria del Mariachi, or Mariachi Festival and Competition, on April 30. Not to worry, for there will be plenty more mariachi enjoyed on May 1, the official Mariachi Day in Texas and elsewhere.



Mariachi may be Mexico's most well-known style of folk music. It has been recognized as a treasured cultural heritage by UNESCO. Mariachi is rooted in Spain's arrival in Mexico when the Spanish introduced European musical instruments such as guitars, violins, harps, brass horns, and woodwinds that were used in theater productions and church services. Native Mexicans quickly appropriated the instruments to their own uses, even building, tuning, and modifying them.

Scholars argue over the origin of the term *mariachi*. Some believe that it comes from the French word *mariage*, meaning "wedding" or "marriage." How did a French word enter the Mexican lexicon? In the 19th century, Mexico was conquered and ruled by Maximilian I, a Frenchman at the command of Napoleon III, nephew of Napoleon Bonaparte. Others believe that the word does not stem from French at all but is rather from a native word for a local tree used to build both guitars and for the stage upon which musicians played music.

No matter where the word originated, mariachi music embodies the heart and soul of Mexico. Bands typically consist of at least two violins, two trumpets, and one guitar. For some of the best in mariachi, head to El Paso, Texas, on Mother's Day weekend for the Mariachi Loco Music Festival. The Annual Battle of the Mariachis will take place on May 14 in San Juan Capistrano, California. In Mexico, every day is Mariachi Day, but perhaps the best day to hear mariachi would be on Cinco de Mayo (May 5), the Mexican holiday celebrating Mexico's victory over the French at the Battle of Puebla.

May Birthdays

In astrology, those born between May 1–20 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard, they are not shy about rewarding themselves for a job well done. Those born between May 21–31 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Geminis love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues.

Frankie Valli (singer) – May 3, 1934
Willie Mays (ballplayer) – May 6, 1931
Florence Nightingale (nurse) – May 12, 1820
Cher (singer and actress) – May 20, 1946
Clint Eastwood (actor) – May 31, 1930
Brooke Shields – May 31, 1965

Resident Birthdays

Bev – May 6
Phyllis – May 13
John – May 19
Warren – May 28

From the Activity Directors Desk

Please join us for a Mom's Apple Pie Social on Saturday, May 7 to celebrate Mothers Day with Mom. We will be starting at 1:00 to 2:00 in our 400 building, 1:30 to 2:30 in our 1350 building and 2:00 to 3:00 in our 394 building. Please contact Lena with a number we can expect to attend from your family by April 29 so we have enough pie for everyone. Text or leave a message at 920-680-2420 or email at arlena_leurquin@yahoo.com (Be sure to include your family members name when leaving a message)

Upcoming events –
June 18, Fathers Day Root Beer Float Social
June 8, Fishing Trip and Picnic at Izaak Walton