



Angel's Touch Assisted Living * 1350 Angel's Path, 394/400 Angel's Touch Court
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Celebrating February

Groundhog Day

February 2

Superbowl

February 3

Entertainer Fernando
1:30 PM, 1350 Building

February 4

Entertainer Jack
2:00 PM, 394 Building

February 13

Valentine's Day

February 14

Presidents Day

February 18

Entertainer Daniel
2:00 PM, 400 Building

February 25

Once Upon a Time

Once upon a time, it was decreed that February 26 would forevermore be Fairy Tale Day. Whether you fancy woodland sprites, fire-breathing dragons, princesses locked in high towers, or talking animals, fairy tales and the lessons they impart are integral parts of every culture.

Scientists have traced the first fairy tales back to an era before the written word. An old folktale entitled "The Smith and the Devil," which is about a blacksmith selling his soul to the devil in order to gain magical abilities, dates back to the Bronze Age—6,000 years ago. Researchers from the New University of Lisbon in Portugal believe that this ancient tale was shared orally in a language that does not exist today. It is no surprise that fairy tales are so old. The purpose of these stories, after all, is to teach children clear distinctions between good and evil and right and wrong. Fairy tales are, in essence, morality tales filled with magic and wonder as a means to attract the attention of a young audience. Yet, adults are no less in need of morality tales.

The brothers Wilhelm and Jakob Grimm, famous for their collection of fairy tales, also believed that many of the stories they found had existed for centuries before they wrote them down. They listened to old-timers tell the beloved tales "Little Red Riding Hood," "Cinderella," "Hansel and Gretel," and "Snow White" and then transcribed their versions of the tales into print. The Brothers Grimm were the first scientists of folklore. They even took positions as librarians and historians at the University of Göttingen in Germany.

It would be wise on Fairy Tale Day to choose a story collected by Wilhelm Grimm, for this brother's birthday falls on February 24. If you've grown tired of the same old tales, then perhaps you can read a new tale, such as "The King of the Golden Mountain," "Hans My Hedgehog," or "Cat and Mouse in Partnership."

Inventing the Future



What would we do without the innovative imaginations of the inventors of the world? We can honor inventors and their great achievements on February 11, Inventors Day. When we think of inventors, sometimes the first who come to mind are people

like Thomas Edison, who invented the lightbulb, or Leonardo da Vinci, who conceived of marvelous devices like airplanes and parachutes. But inventors are not only people of the past. Truly, it seems as if new inventions are flooding the market every day, thanks to strides in technology and computing.

Robots and artificial intelligence are all the rage in today's tech sector. Personal robots, such as Amazon's Alexa and Google's Home, are like personal assistants, helping us make calls, maintain schedules, and purchase items. A new home robot named Jibo is attempting to make the home assistant more personal and lifelike. Jibo looks like a little cartoon, with a squat white body and a glowing "head" with eyes and a mouth. The body swivels and turns to face you as it speaks, making it seem all the more human.

Robots are not just boxes on our tabletops; they are being integrated into cars and appliances. The Tesla company may have invented the most futuristic cars yet. They are fully electric and boast self-driving features. Refrigerators are even getting into the robot game: not only do some fridges boast interactive screens that give you updates on the fridge's contents, but Panasonic has just designed a voice-controlled mini-fridge on wheels that will come to you when its called. You no longer have to get up from the couch to get a cold drink—your fridge will bring it to you!

Inventors are not just focused on robotics. Some are also focused on improving ice cream. That's right, the Halo Top company has invented a flavorful, low-sugar ice cream that is only 360 calories per pint. Their motto is "Go ahead, eat the whole pint." It's good to know that inventors have their priorities straight.

February Birthdays

In astrology, those born between February 1–19 are Water Bearers of Aquarius. Water Bearers are deep-thinking intellectuals, unafraid of exploring outlandish ideas. Their strong sense of community makes them good friends and valuable team members. Those born from February 19–28 are the slippery Fish of Pisces. Selfless Pisces are very wise and empathetic, making them always willing to help others. These deep emotions also make Pisces talented artists and good friends.

Clark Gable (actor) – February 1, 1901
Babe Ruth (ballplayer) – February 6, 1895
Jimmy Durante (actor) – February 10, 1893
Cybill Shepherd (actress) – February 18, 1950
Steve Jobs (innovator) – February 24, 1955

Resident Birthdays

Frank – February 3
Paul – February 7
Bea – February 18

From the Activity Directors Desk

The month of love is here! We are working hard to get all of our Valentine's Day decorations put up. This month we have a lot of events to celebrate such as Groundhogs Day, Superbowl, Valentine's Day, and Presidents Day. Please see the activity calendars for exact dates for each activity.

For our craft this month we will be making a Clothespin Love Bug that can either be used as a clip or a magnet. For our cooking class we will be making 1-2-3 cookies. It's a recipe with only three ingredients that makes the best cookies ever.

Also, for our Lutheran residents we will be having a Lutheran service which will be held on February 28th at 11:00am in building 1.

Any questions or suggestions please contact Kassie at kassie@angelstouchcbrf.com.