



MARCH 2017

Angel's Touch Assisted Living * 1350 Angel's Path, 394/400 Angels Touch Court
920-336-9137 * www.angeltouchcbrf.com or follow us on Facebook



Celebrating March

Ash Wednesday
March 1

Pathfinder's Group
2:00pm 1350 Building
March 4

Entertainer Roger
1:00pm 400 Building
March 8

Daylight Savings Time Begins
March 12

Entertainer Johnny Len
2:00pm 1350 Building
March 13

St. Patrick's Day
March 17

First Day of Spring
March 20

Entertainer Jack
2:00pm 394 Building
March 22

History's Winning Women

The month of March is now celebrated throughout the world as Women's History Month, but it all began as a school celebration in Sonoma, California, in 1978 honoring International Women's Day on March 8. Students spent the week learning about women's contributions to culture and society and were asked to write an essay on what it meant to be a "Real Woman." The week culminated with a parade through downtown Santa Rosa. Two years later, President Jimmy Carter proclaimed the week of March 8 National Women's History Week. By 1986, fourteen states had declared March Women's History Month, and one year later, Congress made it a national designation.

The theme of Women's History Month this year is "Honoring Trailblazing Women in Labor and Business." It has been widely reported how women experience inequalities in working conditions, opportunity, and pay in the workplace, and 2017 highlights many women who have striven to make gains in these areas.

Take Kate Mullany, a labor organizer who founded one of the first women's unions, the Collar Laundry Union, in 1864. Laundresses worked long days for low pay in sweltering conditions, giving rise to the term *sweatshop*. Mullany led a six-day strike that helped improve pay and working conditions. A century later, in 1962, the New York Stock Exchange did not allow women on the trading floor. Norma Yaeger completed the stockbroker training program at Hornblower and Weeks, Inc., demanded the right to accompany male trainees on the floor, and went on to enjoy a successful Wall Street career. In 1979, Lilly Ledbetter was hired as a supervisor for a Goodyear Tire and Rubber plant. When she discovered that she was being paid thousands of dollars less than her male counterparts, she fought the company to receive equal pay for equal work. These women are but a few examples of activists who have made life better not just for women but for societies the world over.

Seeing Daylight

In 2005, President George W. Bush extended daylight saving time (DST) by having it start three weeks earlier and ending one week later. For this reason, DST begins on March 12. Bush's reasons for extending DST were similar to the original intents of the time change: to conserve energy.



On March 31, 1918, DST was first enacted by the United States, setting fixed time zones across the country and allowing for more sunlight hours in the evening. The U.S. was following Germany's example. During World War I, Germany had enacted DST in order to conserve costly fuel that would otherwise have been used for lighting the dark. DST in the United States proved unpopular, however, and was abolished by Congress as soon as the war ended. It took World War II for President Franklin Roosevelt to reinstitute DST, which he dubbed "War Time," as a year-long practice. Once again, at the close of the war, DST was abandoned, with only a few states choosing to maintain the practice. It wasn't until 1966 that the transportation industry spearheaded a move to nationally formalize time zones and DST for the sake of consistency. DST has been in place ever since.

DST is not without its critics. Besides creating confusion, inconvenience, and tiredness, critics argue that the practice does not conserve energy. While lighting use may drop in the evening, it increases in the morning and leads to more air conditioner use at night. Furthermore, more daylight means more driving and more fuel consumption. No wonder the gas and auto industries have long been two of DST's biggest supporters. The gradual expanding of DST, some argue, is due to industries like golf and even barbecue. When DST was expanded in the 1980s, the golf industry raked in an extra \$400 million due to the extra hour of sunlight. Likewise, the BBQ industry added \$150 million in revenue. The extra daylight is all the better for these industries to increase their profits.

March Birthdays

In astrology, those born between March 1–20 are Pisces. Fish are compassionate, gentle, intuitive, and artistic. Known for their wisdom, Pisces are not judgmental and are very forgiving. They never hesitate to put others' needs before their own. Those born between March 21–31 are Rams of Aries. As the first sign of the zodiac, Aries are energetic and assertive initiators. With bravery, zeal, and speed, they jump head first into life, confident that they can navigate any challenges.

Resident Birthdays

Agnes S. – March 2

Carole V. – March 11

Judy K. – March 14

Billie Jean B. – March 15

Michael D. – March 17

Jennie W. – March 26

From the Activity Directors Desk

With spring just around the corner we will hopefully be seeing warmer temperatures and sunshine. As soon as the weather permits we will start going for our outdoor walks during activities.

We will be providing an Ash Wednesday Service on March 1st in the 394 building. The service will start at 1:30pm followed by communion in the 1350 and 400 buildings. You are welcome to attend if you would like.

We will be having an Easter Pie and Ice Cream Social on April 15th. The social will take place from 1:00pm to 2:00pm in all three buildings. No reservations are required but please limit the amount of guests to six per resident.

You are always welcome to join us in any of our activities. Calendars can be found next to the main exits in each building, feel free to help yourself to one. If you have any questions or suggestions you can contact me at kassie@angelstouchcbrf.com or you can call or text at 920-412-6224.