



Angel's Touch Assisted Living * 1350 Angel's Path, 394/400 Angel's Touch Court
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Celebrating June

Pathfinders Group
2:00 PM, 1350 Building
June 3rd

Izaak Walton Fishing Outing
10:00 AM
June 7th

Entertainer Tom E.
1:00, 1350 Building
June 13th

Doughnuts with Dad
1:00 PM, 1350 & 394 Buildings
2:00 PM, 400 Building
June 17th

Father's Day
June 18th

Entertainer Daniel
2:00 PM, 394 Building
June 21st

Entertainer Carrie
2:00 PM, 400 Building
June 28th

The Deep Blue Sea

When you consider the massive size and global influences of the oceans on our planet, you realize that there is much to celebrate in June during Oceans Month. It is a commonly cited statistic that 71% of Earth's surface is ocean. It is less known that anywhere from 50–80% of all life on Earth is found under the ocean's surface. After all, the ocean constitutes 99% of Earth's living space and, amazingly, humans have explored only 10% of these vast depths. Some say that we know more about the moon than these uncharted reaches.

The majority of the ocean is the "deep sea," a cold, dark, and pressurized area 1,000 meters below the surface. Light cannot penetrate to these depths, yet this part of the ocean is home to an abundance of life. The fish and organisms that live here depend on the organic matter that sinks down from above, falling like a life-giving snow. Many deep-sea fish are bioluminescent, which means that they can create light with their bodies. Deep-sea fish also conserve as much energy as possible and do not move much, lying in wait for their food rather than hunting for it. The deep sea is a harsh environment where only the most perfectly adapted organisms can survive. Humans have only ventured to these reaches in advanced submarines.

Yet it is not impossible to witness these amazing creatures up close. June is also Aquarium Month, and aquariums have finally developed technologies that mimic deep-sea habitats. Scientists have created the "abyss box," a tank that mimics the punishing conditions of the deep sea: absence of light, harsh cold, and crushing pressure the likes of carrying the weight of a jumbo jet. The tiny, highly pressurized tank has six-inch-thick walls, holds only five gallons of water, and weighs 1,300 pounds. In it we can now see deep-sea crabs and shrimp, angler fish, and other mysterious creatures of the deep.

The Dancing Plague



On June 24, 1374, a strange plague broke out in the town of Aachen, Germany. People poured out of their houses and began to dance uncontrollably in the streets to music that no

one could hear. According to local reports, the dancers were unable to stop themselves. They danced until they collapsed in exhaustion. This was the first major outbreak of “dancing mania” to sweep through Europe.

Experts still do not know what caused this dancing mania. Some speculate that it may have been due to a poisonous fungus, ergot, that can grow on rye. Ergot poisoning can lead people to hallucinate and suffer spasms and delusions. It occurs mainly during the wet season, when conditions are rife for the growth of the fungus. However, not all the documented accounts of dancing mania correspond to those seasons.

Many historians believe dancing mania to be a form of mass hysteria brought on by extreme suffering. In 1374, the villagers of Aachen were living in the aftermath of a true plague, the Black Death that had swept through Europe. The pious villagers, suffering severe psychological distress as a result of disease, natural disasters, and famine, entered a mass trance state where they thought themselves punished by God. Indeed, the Christian martyr St. Vitus was widely known to be celebrated in dance. For this reason, some even called the dancing mania St. Vitus’ dance. To corroborate this theory, historians look to another dancing outbreak in 1518 in the city of Strasbourg. A woman named Frau Troffea began to dance and, by the end of the month, 400 others had joined her. City officials opened up a dance hall and hired musicians to help the dancers. Tragically, many danced until they died. The circumstances of the 1518 outbreak are eerily similar to the 1374 outbreak. The pious people of Strasbourg, too, were suffering the severe stresses of disease, flood, and famine.

June Birthdays

In astrology, those born between June 1–20 are Twins of Gemini. Twins have two distinct and alluring sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends. Those born between June 21–30 are Cancer’s Crabs. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of harmony at home and in the workplace.

Resident Birthdays

Elaine – June 7th

Leon – June 17th

Deloris – June 19th

Richard – June 29th

From the Activity Directors Desk

Please join us for a Doughnuts with Dad social on June 17th, to celebrate Father’s Day. We will be starting at 1:00 PM to 2:00 PM in our 1350 and 394 buildings, 2:00 PM to 3:00 PM in our 400 building. Please contact Kassie with a number we can expect to attend from your family by June 7th so we can have enough doughnuts for everyone. We do ask that you limit the number of guests to no more than six per resident. Text or leave a message at 920-412-6224 or email at kassie@angelstouchcbrf.com. (Be sure to leave your family members name when leaving a message.)

Our annual Izaak Walton fishing trip is scheduled for June 7th this year. We will be leaving shortly after 9 AM and will return after lunch.

Any questions or suggestions please feel free to contact Kassie.